



DEPARTMENT OF THE NAVY

U.S. NAVAL SUPPORT ACTIVITY

BAHRAIN

FPO AE 09834-2800

NAVSUPPACT BAHRAININST 5100.17D

N35

16 Feb 15

U.S. NAVAL SUPPORT ACTIVITY BAHRAIN INSTRUCTION 5100.17D

From: Commanding Officer, U.S. Naval Support Activity, Bahrain

Subj: BICYCLES, IN-LINE SKATES, ROLLER SKATES, SKATE BOARDS

Ref: (a) OPNAVINST 5100.25C
(b) OPNAVINST 5100.8G
(c) NSABAHRAININST 5100.12A
(d) COMUSNAVCENT OPORD 100-01
(e) NSABAHRAININST 2575.1B

Encl: (1) Bicycle Registration Form

1. Purpose. To establish guidelines and promote safe operation of bicycles, in-line skates, roller skates, skate boards aboard U.S. Naval Support Activity (NSA), Bahrain.

2. Cancellation. NSABAHRAININST 5100.17C.

3. Scope. This instruction applies to all military and civilian personnel, tenant commands, sponsored dependents, Department of Defense-hired foreign nationals, contractors assigned to, or working on, NSA Bahrain and all persons regardless of their status who operate bicycles on NSA Bahrain, AV Unit, and Mina Salman port complex. Policies contained herein apply to military personnel off-base as well. Reference (c), NSA Bahrain Traffic Safety Program, promulgates additional traffic safety regulations.

4. Action. All levels of the chain of command shall comply with the requirements set forth by this instruction and references (a) through (e). Violators of this instruction will be referred to the Traffic Magistrate or appropriate authority. Failure to comply with the provisions of this instruction may result in administrative or punitive adverse action (including, but not limited to, loss of base operating privileges, punishment under the Uniformed Code of Military Justice). Non-compliance may be considered in a line of duty determination following a related injury/disability.

5. Bicycle Operators Responsibility. Only those bicycle operators in compliance with this regulation will be permitted to bring a bicycle on base. Personnel must obey all traffic laws and regulations, and will be subject to the same penalties as motor vehicle operators.

6. Bicycle(s):

a. **SHALL** bring their bicycle and all required safety items to the base Pass and ID Office and obtain a registration number and sticker.

b. **SHALL** enter and exit NSA Bahrain through the walk-in gate (near Pass and ID office/Juffair gate).

c. **SHALL** properly wear all required personal protective equipment (PPE). Ensure bicycle is in safe working condition and outfitted with required safety equipment. All bicycle riders shall ensure visibility is not restricted in any way.

d. **SHALL** always yield the right-of-way to pedestrians.

e. **SHALL** only ride in areas authorized for motor vehicle traffic.

f. **SHALL** dismount and walk on sidewalks and through congested areas to include but not limited to:

(1) Posted pedestrian lanes when entering and exiting NSA Bahrain.

g. **SHALL NOT** tow trailers, semi-trailers, child carriers, or be towed by another vehicle.

h. **SHALL NOT** wear portable headphones, earphones, or utilize communicating devices while riding.

i. **SHALL** have at least one hand on handlebars at all times while riding or walking a bicycle.

j. **SHALL NOT** carry packages, clothing, other personnel, or any item that would preclude the use of both hands on the handlebars while bicycling. The only exceptions are items carried in an installed basket, in a backpack worn on operator's back, or other methods whereby both hands and arms are totally free for bicycling.

k. **SHALL NOT** consume alcoholic beverages or mind-altering drugs before and during bicycle operation.

l. **SHALL NOT** operate Morale, Welfare and Recreation (MWR) issued bicycles during inclement weather or between sunset and sunrise.

m. **SHALL NOT** operate bicycles over 10 miles per hour, aboard any NSA Bahrain installation.

7. Required Bicycle Safety Equipment

a. Helmet. American National Standard Institute (ANSI) or Snell Memorial Foundation approved helmets shall be worn on the head, chin strap securely fastened.

b. Head lamp. Bicycles shall be equipped with a permanently installed white light in the front. This light must be visible for at least 500 feet and must not be bothersome to other vehicular traffic.

c. Rear lamp. Bicycles shall be equipped with a rear lamp on the back of the bicycle. This rear lamp must be visible for 600 feet.

d. Bell. Bicycles shall be equipped with a bell which is the only authorized sound signal device to be used on bicycles.

e. Brakes. Bicycles shall be equipped with one or more working mechanical braking devices (foot or hand).

8. Parking. Bicycles shall only be parked in designated parking areas when available. Operators shall not block doorways, pathways, access ramps, or restrict any activity or operation aboard NSA Bahrain. Bicycles shall not be parked near or fastened to any fire suppression equipment, pumps, hydrants, light poles, etc.

9. Safety Requirements

a. Always ride on the right side of roadway.

b. Use hand signals to indicate turns.

c. Obey all traffic lights and signs.

d. Approach all intersections with caution.

e. Avoid busy streets during peak hours.

f. Always yield the right-of-way in traffic.

g. Perform bicycle pre-ride safety check as follows:

(1) Inspect tires for proper inflation and condition.

(2) Check brake operation at start of ride.

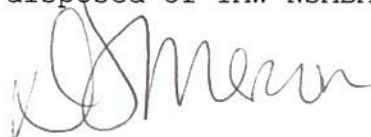
(3) Inspect head lamp for proper operation.

(4) Inspect rear lamp for proper operation.

(5) Inspect bike for loose or missing hardware.

10. Skate boarding and in-line skating aboard NSA Bahrain is AUTHORIZED at the MWR skate park ONLY. MWR shall promulgate operating instruction. Skate boarding is NOT AUTHORIZED on NSA Bahrain.

11. Abandoned Bicycles. Unregistered bicycles or bicycles deemed to be abandoned will be impounded and disposed of IAW NSABAHRAININST 2575.1B.



D. J. MERON

Distribution:

NAVSUPPACT BAHRAININST 5216.1T (Lists I and II)

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BICYCLE REGISTRATION FORM

Name _____ Rate/Rank _____

Command _____ BLDG# _____ PRD _____

Contact Numbers Cell: _____ Office Ext _____

Serial Number _____ Registration Number _____

Bike Description _____
