

# U.S. NAVAL SUPPORT ACTIVITY, NAPLES

# BASEWIDE MONTHLY EVENTS & ACTIVITIES

All-In-One Place > Updated Monthly





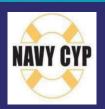








What's **Happening...** 





**Liberty Activities** 

For E1-E6 single and unaccompanied service members





Captain's Cup

MONTHLY EVENTS @ USO Naples



# It's the holiday season!

Our mission objective is to fill your December with joy and happiness! Here's the NSA Naples OP Plan to bring on the cheer:

Date	Event	Location	Time
Dale		LUCAUUII	
Dec. 1	Find the Elf Scavenger Hunt	Support Site	
Dec. 1	Letters to Santa begins	Fleet Recreation Center, Gaeta and USO, Support Site	
Dec. 1	Letters Home begins	USO, Support Site	
Dec. 1	Holiday Decorating Contest begins	Support Site	
Dec. 1	Holiday Door Decorating Contest begins	Gaeta	
Dec. 1	Liberty Holiday Door Decorating Contest begins	Unaccompanied Housing	
Dec. 3	Dueling Pianos*	Strikers Entertainment Center	6 p.m.
Dec. 4	Winter Wonderland	Village Forum, Support Site	3 p.m.
Dec. 5	Holiday Tree Lighting	Fleet Landing, Gaeta	3 p.m.
Dec. 6	Tickets & Travel Trip: Christmas Markets*	Limatola Castle	8:30 a.m.
Dec. 6	Cookies and milk with Santa	NEX Food Court, Support Site	10 a.m.
Dec. 6	Army/Navy Flag Football  Brunch with Santa and Friends*	High School Football Field, Support Site	Noon
Dec. 7 Dec. 7	This Christmas	Eat Tenuta Fontana, Navy Lodge, Support Site Reel Times 2 Cinema	9 a.m.
Dec. 7 Dec. 8	Santa's Stress Busters Workshop	Fleet and Family Support Center, Support Site	Noon 9 a.m.
Dec. 8 Dec. 9	Mindful Movement Session: Breathe, Stretch and Walk	Fellowship Hall, Capodichino	Noon
Dec. 9	Mindful Movement Session: Breathe, Stretch and Walk  Mindful Movement Session: Breathe, Stretch and Walk	Community Center, Support Site	1 p.m. and 2 p.m.
Dec. 10	Italian Traditions and Tombola	Fleet and Family Support Center, Support Site	10 a.m.
Dec. 10	Season's Healing: Reducing Holiday Stress Workshop	Fleet and Family Support Center, Capport Onc	11:30 a.m.
Dec. 10	Holiday Cookie Creations	Chapel, Support Site	5 p.m.
Dec. 11	Jingle Bell 5k	Support Site Fitness Center	4 p.m.
Dec. 12	Tickets & Travel Trip: Christmas Alley*	Naples	8:30 a.m.
Dec. 12	Napoli: That's Amore culinary event	Capodichino	TBA
Dec. 12	Santa Paws	Spine, Capodichino	11 a.m.
Dec. 12	Santa Paws	Community Room, Support Site	5:30 p.m.
Dec. 13	Pancake Breakfast and Holiday Social*	Olde Mill Inn, Gaeta	10 a.m.
Dec. 13	Liberty Ice Skating*	Available for Liberty patrons only	3 p.m.
Dec. 14	Breakfast with Santa and Letters to Santa	Naples Middle/High School	8 a.m.
Dec. 14	Last Christmas	Reel Times 2 Cinema	Noon
Dec. 16	Holiday crafts	Fleet Recreation Center, Gaeta	10 a.m.
Dec. 16	Troop Time: Holiday Brunch	USO, Capodichino	11 a.m.
Dec. 17	Santa's Stress Busters Workshop	Fleet and Family Support Center, Support Site	12:30 p.m.
Dec. 17	Santa Cruise	Support Site Floot Poorcation Contor Goots	5 p.m.
Dec. 18	Ugly Sweater, Tombola* and Cookie Exchange	Fleet Recreation Center, Gaeta	10 a.m.
Dec. 18 Dec. 19	Full STEAM Ahead Story time with Santa  How the Grinch Stole Christmas	Library, Support Site Reel Times 2 Cinema	10:30 a.m. Noon
Dec. 19 Dec. 19	Teen Holiday Party	Teen Center, Support Site	3 p.m.
Dec. 19 Dec. 19	Tickets & Travel Trip: Christmas Lights*	Salerno	3:30 p.m.
Dec. 19 Dec. 19	Home Alone	Reel Times 2 Cinema	Noon
Dec. 13	Tickets & Travel Trip: Nutcracker Ballet*	San Carlo Theater, Naples	4:30 p.m.
Dec. 21	Polar Express	Reel Times 2 Cinema	Noon
Dec. 21	Tyler Perry's A Madea Christmas	Reel Times 2 Cinema	Noon
Dec. 22	Tickets & Travel Trip: Christmas Markets*	Pietrarsa	8:30 a.m.
Dec. 22	Teen Orientation: Make and Take Holiday Gift	Teen Center, Support Site	11 a.m.
Dec. 22	The Nightmare Before Christmas	Reel Times 2 Cinema	Noon
Dec. 22	Teen Center Winter Camp Begins	Teen Center, Support Site	
Dec. 23	Elf	Reel Times 2 Cinema	Noon
Dec. 24	Holiday Movie Marathon	Fleet Recreation Center, Gaeta	10 a.m.
Dec. 24	Red One	Reel Times 2 Cinema	Noon
Dec. 24	It's a Wonderful Life	Reel Times 2 Cinema	2 p.m.
Dec. 25	Liberty Holiday Meal	Liberty Center	11 a.m.
Dec. 25	A Christmas Story	Reel Times 2 Cinema	Noon
Dec. 25	White Christmas	Reel Times 2 Cinema	Noon
Dec. 26	Holiday Crafternoon	Community Room, Support Site	1 p.m.
Dec. 31	*Fee required	Fleet Recreation Center, Gaeta	10 a.m.



#### **December Liberty Activities**

For E1-E6 single and unaccompanied service members



#### Your off-duty connection to fun and recreation!



#### Limatola Castle Christmas Market

Saturday, Dec. 6

8:30 a.m. -4 p.m. • \$45

Register and pay at Tickets & Travel office\* The market is held in a medieval castle featuring festive decorations, kiosks for souvenirs and gifts, dining options, shows and costumed entertainers.



#### Christmas Alley

Friday, Dec. 12

8:30 a.m.-1 p.m. • \$55

Register and pay at Tickets & Travel office\* Enjoy downtown Naples' "Christmas Alley" and learn the rich history on how it came to be.



#### Ice Skating

Saturday, Dec. 13

3-7:30 p.m. • \$5 trip fee

Enjoy sometime on the ice and get in the holiday. mood. Don't worry if you are just a beginner, there are penguin-shaped braces to hold you as you leam. Bring euros for entrance fee and skate rental.



#### Salerno Christmas Lights

Friday, Dec. 19

3:30-7:30 p.m. •\$55

Register and pay at Tickets & Travel office\*. Salerno's historic center and waterfront is transformed into a glowing canvas with LED-powered light sculptures and projections, creating a magical atmosphere to explore. The festival also features traditional Christmas markets. Bring euro for dinner.



#### Downtown Naples

Saturday, Dec. 20

Noon-7:30 p.m.

Come with us as we enjoy the downtown 📉 🎆 holiday sites, sounds and festivities.



#### Pietrarsa Christmas Markets

Monday, Dec. 22

8:30 a.m.-2:30 p.m • \$35

Explore traditional Christmas markets filled with kiosks for gifts and products and food options.



#### Naples Zoo

Saturday, Dec. 27

9 a.m.-2 p.m. ■\$5 trip fee

Come join us for a day at the zoo! More than 100 species call Naples Zoo home including Asian elephants, lemurs and tigers.

Entrance fee is \$15.

\$5 transportation fee per trip.

Trips leave from Support Site Liberty BEQ Bldg. 2087 parking lot.

#### Holiday Door Decoration Context

Nov. 28-Dec. 10, Register by Dec. 8

Decorate your door for a chance to win prizes for Most Original or Most Traditional door. Register by Dec. 8 at Liberty. Judging for the doors will take place Dec. 10 and announced on Dec. 11 during "Pizza with CMC" at the Triangle.

#### **Dueling Pierce**

Wednesday, Dec. 3.

7 p.m. • Strikers Entertainment Center

Limited tickets are available to witness the fun, interactive dueling experience!

#### Winter Wonderland

Thursday, Dec. 4

3-9 p.m. • Tree Lighting, 6:30 p.m. • Village Courtyard, Support Site.

#### Be in the Know @ Capo

Monday, Dec. 1, 8 and 22

2:30-4 p.m. • Bus stop near Navy Gateway Inns and Suites Stop by and learn about Liberty's upcoming trips, programs and events while enjoying "Minute to Win It" games. Have a suggestion? Tell our Liberty team and let's plan it!

#### Pillows and Popcom Movie Night

Monday, Dec. 1, 8, 15 and 22 • 5-7:30 p.m.

Sit back with free popcom and enjoy a movie from Liberty's movie library. of more than 700 movies.

#### Shopping Shuttle

Tuesday Dec. 2, 16 and 30

5-7 p.m. • Register at Liberty

Need to go off base for shopping? Liberty can take you to local stores for all your food and home-good needs.

#### Italian Culture Fest

Tuesday, Dec. 2 and 9

5:30-7:30 p.m.

Learn more about our host country in a relaxed setting. Explore this unique opportunity with locals learning about Italy, everyday phrases and gestures while sampling some amazing Italian food.

#### Creative Crafting

Tuesday, Dec. 2, 9 and 23

5:30-7:30 p.m.

Make holiday trees out of books and homemade jute bowls for your room.

#### Pizza with the CMC

Thursday, Dec. 11

5-7 p.m. • Triangle Community Room

Enjoy some pizza, play cornhole and chat with the CMC.

#### Popcom and Hot Cocoa Bar

Dec. 22-26

Stop by for some freshly popped popcorn and yummy cocoa.

#### It's a Wonderful Life

Wednesday, Dec. 24

2-4 p.m. • Reel Times 2 Cinema, Support Site

Watch a classic holiday movie on the big screen. Check in with the Liberty manager to get your free treats to enjoy during the movie.

#### Holiday Meal

Thursday, Dec. 25

11 a.m.-5 p.m.

Let Liberty be your "home away from home." Come in your holiday PJs and enjoy some delicious homemade food, holiday movies and cheer.

Events held at Support Site Liberty Center unless otherwise stated.





#### Holiday Door Decorating Contest

Dec. 1-19

Decorate your home or office door. Email a picture of your creation to NaplesMWR\_Gaeta@us.navy.mil along with your name and phone number by Friday, Dec. 19. The best-decorated door wins a prize!

#### **Letters to Santa**

Dec. 1-20

Write your letter to Santa and place it in the Santa Box at the MWR Customer Service Desk. Letters submitted by Wednesday, Dec. 20 will receive a letter from Santa by Christmas Eve!

#### **Tree Lighting**

Friday, Dec. 5 • Begins at 3 p.m.

Fleet Landing

Kick off the holidays with the annual tree lighting and festive music provided by the U.S. Naval Forces Europe and Africa Band. Enjoy hot chocolate and cake.

#### Chat with School Liaison and Come & Play

Wednesday, Dec. 10

10 a.m.-Noon • Olde Mill Inn

The School Liaison and community partners visit Come & Play.

#### Single Sailors: Gift Wrap

Thursday, Dec. 11

Single Sailors may gift wrap their holiday present with materials courtesy of MWR.

#### Fun Bus to Support Site Friday, Dec. 12 • \$5 per person



Register and pay at the MWR Customer Service Desk by noon, Wednesday, Dec. 10. Must have 10 people registered for bus to go.

#### Pancake Breakfast and Holiday Social

Saturday, Dec. 13 • 10 a.m.-Noon Olde Mill Inn • \$3 per person

Enjoy this festive holiday gathering with family and friends. Event includes photos with Santa (bring your camera), arts and crafts, games and food. Register by Wednesday, Dec. 10.

#### Holiday crafts and holiday books



Tuesday, Dec. 16

Begins at 10:30 a.m.

Be creative and make a holiday decoration. Or choose a book to take home and read during the holidays. Fun for adults and children.

#### Tombola, Ugly Holiday Sweater and Cookie Exchange

Thursday, Dec. 18

Begins at 10 a.m. • \$3 for Tombola game

Wear your ugly holiday sweater, bring cookies for the cookie exchange and play Tombola! Tombola is a game played in Italy during the holiday season. Bring a mug for some hot chocolate or coffee, provided by MWR.

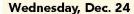
#### **Holiday Shopping Bus**

Friday, Dec. 19

Departs Fleet Landing 9 a.m., departs mall 3 p.m.

Are you looking for holiday gifts? Let MWR take the stress out of the driving and parking. Register and pay by noon Dec. 17 at the MWR Customer Service Desk.

#### **Holiday Movie Marathon**



Holiday movies will play all day on the large screen.

#### Karaoke and New Year's Gadget

Wednesday, Dec. 31

Enjoy some music and karaoke. New Year's gadget available while supplies last.



#### More fun activities

Ask MWR staff at the Customer Service Desk about fitness group exercise, tours and information.

Stop by the MWR Customer Service Desk or call 081-568-8357.





#### FLEET AND FAMILY SUPPORT CENTER

Classes are held at the Fleet and Family Support Center, Bldg. 2072B, Support Site, unless otherwise stated

#### **▲** AREA ORIENTATION

Area Orientation (mandatory for newcomers)

Dec. 3 and 4 or Dec. 17 and 18 Wednesday, 7:45 a.m.-2 p.m. Thursday, 7:45 a.m.-3 p.m. Reel Times 2 Cinema, Support Site

**Cultural Assimilation trips to downtown Naples** 

Friday, Dec. 5 and 19 | 7:45 a.m.-2:30 p.m.



#### INTERCULTURAL RELATIONS

#### **Italian at Lunch time**

(basic Italian for beginners) Tuesday, Dec. 2 and 9 | 11 a.m.-12:30 p.m. Capodichino FFR Center Conference Room

#### Easy Italian (beginners)

Tuesday, Dec. 2, 9 and 16 | 10:30 a.m.-12:30 p.m.

#### **Italian Christmas Traditions** and Tombola

Wednesday, Dec. 10 | 10 a.m.-12:30 p.m.

**Intercultural Relations Trip: Traditional Neapolitan Cooking** Class with a Professional Chef Monday, Dec. 15 | 10:30 a.m.-2:30 p.m.

#### Italian at Lunch Time (Advanced)

Tuesday, Dec. 16 | 10:30 a.m.-Noon Capodichino FFR Center Conference Room





#### **TRANSITION** ASSISTANCE PROGRAM

Must be registered by Command Career Counselor

#### **Pre-Separation Workshop**

Monday-Wednesday Dec. 8-10 8 a.m.-4 p.m.

#### **Department of Labor Employment Workshop**

Thursday and Friday, Dec. 11 and 12 8 a.m.-4 p.m.

#### **Career and Credential Exploration** (Vocational Track)

Monday and Tuesday, Dec. 15 and 16 8 a.m.-4 p.m.

#### **Capstone Event**

Wednesday, Dec. 17 9 a.m.-Noon



#### Santa's Stress Buster Workshop

Monday, Dec. 8 | 9-10 a.m. or Wednesday, Dec. 17 | 12:30-1:30 p.m.

#### Season's Healing: Reducing **Holiday Stress**

Wednesday, Dec. 10 | 11:30 a.m.-12:30 p.m. Capodichino FFR Center Conference Room



#### **Advanced Training**

Tuesday, Dec. 16 | 5-5:30 p.m. Reel Times 2 Cinema

#### **Ombudsman Assembly**

Tuesday, Dec. 16 | 5:30-6:30 p.m. Reel Times 2 Cinema



#### **NEW PARENT SUPPORT**

#### **Breastfeeding: Getting Started**

Thursday, Dec. 11 | 1-2:30 p.m.

#### **New Parent Support 101**

Wednesday, Dec. 17 | 11 a.m.-Noon Capodichino FFR Center Conference Room

#### **EXCEPTIONAL FAMILY MEMBER PROGRAM**

#### **Command Point of Contact Training\***

Thursday, Dec. 4 | 11 a.m.-Noon

#### **Leader Brief\***

Thursday, Dec. 11 | 3-4 p.m.

#### **FAMILY EMPLOYMENT** READINESS PROGRAM

Career Assessment, **Exploration and Portability** 

RELOCATION

Thursday, Dec. 18 1-3 p.m.

**Smooth Move** 

Thursday, Dec. 18

9 a.m.-Noon



#### **Resident Advisor Training**

Tuesday, Dec. 2 | 1-3 p.m.

#### **Administrative Unit**

Thursday, Dec. 11 | 1-3 p.m.

#### Victim Advocate

Capodichino FFR Center Conference Room

Dates and times subject to change

#### **Victim Advocate Training**

Capodichino FFR Center Conference Room

#### Refresher Training (CEU)

Tuesday, Dec. 16 | Noon-2 p.m.

#### VIRTUAL WORK AND **FAMILY LIFE PROGRAMS**

The following program currently is being offered virtually. Visit mynavyfamily.com to create an account and access virtual classes and online resources.



#### (\$) PERSONAL FINANCE MANAGEMENT

Scan the QR code below to book a 1:1 consultation with a team member.



\*Virtual Class



#### To register for a class:

- Call 081-811-6372 | DSN 629-6372
- Email NSANaplesFFSC@us.navy.mil and include the class title, your name, email address, phone number, sponsor's rank and command







FOR THE PEOPLE WHO SERVE."

#### **USO NAPLES**

Support Site Location Capo Location Village Forum Hours: M-F 10am-4pm

Air Terminal Hours: M-Th 8:30am-4pm

S	M	T	W	T	F	S
	O 1  1000 - 1100  Toddler Time Support Site Community Room	O 2  1100 - 1200 Troop Time Capo	O 3  1345 - 1445  After School: Craft Attack Support Site Village Forum	1100 - 1200 Troop Time Capo  1700 - 2100  Tree Lighting with MWR Support Site Village Forum	O 5  1000 - 1100  Coffee Connections Support Site Community Center	1000-1200 Milk and Cookies with Santa Support Site NEX
07	08	1100 - 1200 Troop Time Capo  1730 - 1900 Santa Paws Support Site Community Room	1345 - 1445 After School: Craft Attack Support Site Village Forum  1000 - 1100 Teddy Bear Club Support Site Community Center	1100 - 1300 Jingle & Mingle Capo Spine  16:00 Jingle 5K Support Site, Central Park	12	13
0900 - 1100 Breakfast with Santa HS Cafeteria	1000 - 1100 Toddler Time Support Site Community Room	1100 - 1300 Holiday Brunch Capo  1730 - 1900 Taste of Home Support Site BEQ	17 1345 - 1445 After School: Craft Attack Support Site Village Forum	18  1100 - 1200 Troop Time Capo  1700 - 1830 Volunteer Holiday Social EAT IF	19	20
21	22 1000 - 1100 Morning Meet Up Support Site Community Room	23  1100 - 1200  Troop Time  Capo	24	1000 - 1300 Christmas Day Deliveries Capo & SS	26  1400 - 1500  Holiday  Crafternoon  Support Site  Community Room	27
28	29  1000 - 1100  Morning Meet Up Support Site Community Room	3 O  1100 - 1200 Troop Time Capo  1800-1930 Game Night EAT IF SS	31			



#### Friday, Dec. 5 Naples Underground in the Evening

Depart Support Site 3:30 p.m., departs Capodichino 4 p.m. S56 Adult, S39 Child 2-11 Entry fee €15

#### Saturday, Dec. 6 Limatola Castle Christmas Markets

Depart Capodichino 8:30 a.m., depart Support Site 9 a.m. \$65 Adult, \$39 Child 2-11 Entry fee and shuttle to castle €15 adult, €9 child

#### Sunday, Dec. 7 Wine Tasting in Pompeii\*

Depart Support Site 10 a.m., depart Capodichino 10:30 a.m. \$116 Adult, \$89 Child 3-15 • includes lunch

#### Friday Dec. 12 Christmas Alley

Depart Support Site 8:30 a.m., depart Capodichino 9 a.m., S65 Adult, S39 Child 2-11

#### Saturday, Dec. 13 Capri and Anacapri

Depart Support Site 6:30 a.m., depart Capodichino 7 a.m. \$199 Adult, \$139 Child 2-9 + includes lunch

#### Sunday, Dec. 14

#### Sorrento and Pizza-making Lesson in Vico Equense

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m. S113 Adult, \$75 Child 2-11 • includes pizza lunch

#### Friday, Dec. 19

#### Salerno Chrismas Lights

Depart Support Site 3:30 p.m., departs Capodichino 4 p.m. \$86 Adult, \$49 Child 2-11



#### Saturday, Dec. 20

#### Pompeii Ruins and Cameo Factory

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m. S65 Adult, \$39 child 2-11 Entry fee €22 Adult, Child 17 or younger free

#### Sunday, Dec. 21 Montecassino Abbey

Depart Capodichino 8 a.m., depart Support Site 8:30 a.m. \$76 Adult, \$49 child 2-11 Entry fee €12

#### Monday, Dec. 22 Pietrarsa Christmas Markets

Depart Support Site 8:30 a.m., depart Capodichino 9 a.m. \$57 adult, \$39 child 2-11 Entry fee €15

#### Saturday, Dec. 27 Wine Tasting in Avellino\*

Depart Capodichino 9:30 a.m., depart Support Site 10 a.m. S112 Adult, S79 Child 3-15 + includes lunch

#### Sunday, Dec. 28 Amalfi Coast by bus

Depart Support Site 8 a.m., depart Capodichino 8:30 a.m. \$139 Adult, \$89 child 2-11 + includes lunch in Vietri

\*Must be at least 18 years old to purchase or consume alcohol.
Please drink responsibly.



- All tours are subject to cancellation if minimum reservations are not met
- If tour is canceled, all paid customers will receive a phone call and/or an email notification and a refund.
- Prices are in U.S. dollars, unless otherwise stated.
- Entry feles are not always included.
- Please bring euro cash to pay for your entry fee.
- Tips and gratuities are optional and not included in the price.
- Entryfees may change without notice.

To reserve a tour or for more information:

- Go to myffr.navyaims.com.
- Visit Capodichino or Support Site Tickets & Travel office.
- · Call 081-811-7907 / DSN 629-7907 or 081-568-4330 / DSN 626-4330.







#### NMCRS NAPLES

#### OFFICE AND THRIFT STORE SCHEDULE

CAPO OFFICE & UNIFORM LOCKER HOURS

• MONDAY-THURSDAY 9AM-2PM

#### **BUDGET FOR BABY CLASS DETAILS**

- 3RD TUESDAY OF THE MONTH
- 9AM-12PM AT S.SITE
- GET A \$50 GIFT CARD + HANDMADE BLANKET
- SIGN UP VIA QR OR FB PAGE EVENT LINK



#### **CONTACT US**

- FB PAGE
  - NAVY-MARINE CORPS RELIEF SOCIETY NAPLES, ITALY
- FB GROUP
  - NSA NAPLES NMCRS THRIFT SHOP
- MAIN OFFICE
  - FRONT DESK: (081) 568-3913
  - o DSN: 626-3913
  - EMAIL: NAPLES@NMCRS.ORG

Sunday	Monday	Y TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	3	4	5	6
			SHOPPING & 3PM-6PM	DONATIONS 10am-1pm	Γ	SHOP WITH A C
			ACTIVE DUTY PRIORITY			9AM-1PM
7	8	9	10	11	12	13
			SHOPPING &	DONATIONS		SHOPPING
			ЗРМ-6РМ	10am-1pm		DONATION
			ACTIVE DUTY PRIORITY			9ам-12рм
14	15	16	17	18	19	20
		BUDGET FOR BA	SHOPPING &	DONATIONS		
			ЗРМ-6РМ	10am-1pm		
			ACTIVE DUTY PRIORITY	POST-PART. GROUP		
21	22	23	24	25	26	27
	CAPO OF	PEN BY APPT. ONLY	Capo and Stoi	re Closed for Ci	hristmas Break	
28	29	30	31			
	CAPO OF	PEN BY APPT. ONLY	Capo and Stoi	re Closed for Ni	ew Year's Break	

THRIFT STORE HOURS ARE SUBJECT TO CHANGE AND DONATIONS MAY BE STOPPED AT ANY TIME DUE TO VOLUNTEER OR SPACE AVAILABILITY. PLEASE KEEP STROLLERS, FOOD, AND DRINKS OUTSIDE WHEN VISITING THE STORE. CHECK OUR FB FOR UPDATES, SIGN-UPS, AND MORE INFORMATION ON EVENTS!

# What's new and exciting at NSA Naples FFSC?



# Highli

*NOV* 3 & 19

#### New Parent Support Program

NOV 3: Introduction to New Parent Support NOV 19: Introduction to Infant Massage



DEC 8 & 10

#### **Mind Body Mental Fitness**

DEC 8: Santa's Stress Buster Workshop DEC 10: Holiday Stress Management

DEC 1-5

## Command Financial Specialist (CFS) Training

DEC 1-2: Million Dollar Sailor (CFS Part 1)
DEC 3-5: CFS Part 2 Certification

DEC 18

#### Family Employment Readiness

DEC 18: Career Assessment, Exploration, and Portability Workshop



## 2 FAP Victim Advocates Join the FFSC TEAM

FAP SUPPORT AVAILABLE

The FFSC Family Advocacy Program welcomes 2 dedicated Victim Advocates who stand ready to provide 24/7 advocacy services to victims of domestic abuse and non-offending care givers of children who are victims of child abuse/neglect. You can reach them at +39 331-691-8268

#### We have webinars scheduled to suit time zones around the world!

Leveraging Al For Your 2025 Job Search Power Up Your Resume for Remote Jobs Acing the Interview! USAJobs 2025  NAVY LIFE New Spouse Orientation  12 Parenting to Prevent PSB: Teens (SHAPE Module 5) What About the Kids? Exploring Through the Senses 12/ Self-Care: Parent Edition 12 12/ 12/ 12/ 12/ 12/ 12/ 12/ 12/ 12/	2/3/25 2/5/25 /10/25 /10/25 /12/25 2/2/25 /16/25 2/3/25 2/3/25	9:00 AM EST 9:00 AM EST 1:00 PM EST 1:00 PM EST 9:00 AM EST 1:00 PM EST 12:00 PM EST 12:00 PM EST 7:00 PM EST	6:00 AM PST 6:00 AM PST 10:00 AM PST 10:00 AM PST 6:00 AM PST 10:00 AM PST 9:00 AM PST 9:00 AM PST 4:00 PM PST	Want more? Click on for dates and times for Becoming Federal • Job Search Hacks • Mastering the Moc • Mastering Virtual In Click Navy Life for wo • Navy Family Conne • Family Operations Easy and more  Join us for these we several times through	Resume Savvy dern Resume nterviews ebinars like: ection Security made
Leveraging AI For Your 2025 Job Search Power Up Your Resume for Remote Jobs Acing the Interview! USAJobs 2025  NAVY LIFE New Spouse Orientation  12  Parenting to Prevent PSB: Teens (SHAPE Module 5) What About the Kids? Exploring Through the Senses 12/ Self-Care: Parent Edition  12  12  12  12  12  12  12  13  14  15  16  17  17  18  19  19  10  10  10  11  12  12  12  12  12  12	2/5/25 /10/25 /10/25 /12/25 /12/25 2/2/25 /16/25 2/3/25 2/3/25	9:00 AM EST 1:00 PM EST 1:00 PM EST 9:00 AM EST 1:00 PM EST 1:00 PM EST 12:00 PM EST	6:00 AM PST 10:00 AM PST 10:00 AM PST 6:00 AM PST 10:00 AM PST 9:00 AM PST	for dates and times for Becoming Federal  • Job Search Hacks  • Mastering the Moo  • Mastering Virtual In  Click Navy Life for wo  • Navy Family Conne  • Family Operations Easy and more  Join us for these we	Resume Savvy dern Resume nterviews ebinars like: ection Security made
Power Up Your Resume for Remote Jobs Acing the Interview!  USAJobs 2025  NAVY LIFE New Spouse Orientation  12/  PARENTING  Tear Free Dinner Parenting to Prevent PSB: Teens (SHAPE Module 5) What About the Kids?  Exploring Through the Senses 12/ Self-Care: Parent Edition 12/	/10/25 /10/25 /12/25 /12/25 /2/2/25 /16/25 /2/3/25 /2/3/25	1:00 PM EST 1:00 PM EST 9:00 AM EST 1:00 PM EST 12:00 PM EST	10:00 AM PST 10:00 AM PST 6:00 AM PST 10:00 AM PST 9:00 AM PST	Becoming Federal     Job Search Hacks     Mastering the Moo     Mastering Virtual In  Click Navy Life for we     Navy Family Conne     Family Operations     Easy and more  Join us for these we	Resume Savvy  dern Resume nterviews  ebinars like: ection Security made
Acing the Interview! 12/ USAJobs 2025 12/ NAVY LIFE New Spouse Orientation 12/ 12/ PARENTING Tear Free Dinner 12 Parenting to Prevent PSB: Teens (SHAPE Module 5) What About the Kids? 12/ Exploring Through the Senses 12/ Self-Care: Parent Edition 12/	/10/25 /12/25 /12/25 /2/2/25 /16/25 /2/3/25 /2/3/25 /11/25	1:00 PM EST 9:00 AM EST 1:00 PM EST 12:00 PM EST	10:00 AM PST 6:00 AM PST 10:00 AM PST 9:00 AM PST	<ul> <li>Job Search Hacks</li> <li>Mastering the Moc</li> <li>Mastering Virtual In</li> <li>Click Navy Life for w</li> <li>Navy Family Conne</li> <li>Family Operations Easy and more </li> </ul> Join us for these we	dern Resume nterviews ebinars like: ection Security made
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			9:00 AM PST	• Spotting the Signs of Youth	
EVERTIONAL FAMILY ME	/16/25	2:00 PM EST	11:00 AM PST	Suicide	
<b>EXCEPTIONAL FAMILY ME</b>	MBI	R PRO	GRAM		
Permanent Change of Station from Special Educatio			12/3/25	1:00 PM EST	10:00 AM PST
into Adulthood; The Transition Process					
<b>EMERGENCY PREPAREDN</b>	ESS				
Preparedness: Your Piece of Mind			12/5/25	<b>3:00</b> PM EST	12:00 PM PST
MENTAL WELL-BEING					
Understanding Anger			12/2/25	10:00 AM EST	7:00 AM PS
Stress Management			12/2/25	11:00 AM EST	8:00 AM PS
			12/9/25	10:00 AM EST	7:00 AM PS
Staying Safe: Vigilence and Awareness in Preventing in Intimate Partner Relationships	ı Stalking	I	12/4/25	11: 00 AM EST	8:00 AM PS
Achieving Financial Empowerment while Experiencing Intimate Partner Violence			12/9/25	2:00 pm est	11:00 AM PS
PERSONAL GROWTH					
5 Love Lang	guages 1	01	12/9/25	1:30 PM EST	10:30 am ps
Conflict Ma	anageme	ent	12/11/25	11:00 AM EST	8:00 AM PS



Go to MyNavyFamily.com to log in or create a free

Select the category on the home page, then select your webinar.

Confirm the start time and click "Enroll Me."

The FFSC LMS also has comprehensive resources like New Spouse Orientation, the Navy Family eHandbook, and the Navy Spouse library.

#### PERSONAL FINANCIAL MANAGEMENT Now I'm the Landlord 12/4/25 1:00 PM EST 10:00 AM PST Let's Get Financially Fit! 12/15/25 5:00 PM EST 2:00 PM PST Military Marriage 101: Building Stronger 12/17/25 1:00 PM EST 10:00 AM PST Bonds & Financial Security The Fundamentals of Saving and Investing 12/18/25 11:00 AM EST 8:00 AM PST How to Survive the Holidays Financially 12/18/25 1:00 PM EST 10:00 AM PST



Click Personal Financial Management for webinars on:

- Booties & Budgets: Welcoming Your First Child and Baby-Proofing Your Finances
- Command Your Credit
- Emergency Financial Preparedness
- Financial Readiness Before Deployment: Securing Your Future
- Making the Most of your Overseas Pay
- Making your Money work for you
- Military Retirement Planning
- PCS and your Pocketbook
- Planning your Financial Future
- Servicemembers Civil Relief Act Q&A
- Stretching Budgets and Maximizing Nutrition and more!

Click the Relocation category
for Calming Cultural Shock,
Planning the Perfect PCS,
Stepping up Support:
Sponsorship Training, and
The PCS Process — all offered
several times throughout

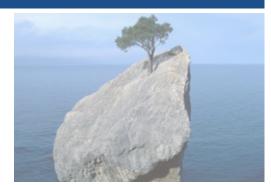
Beyond the Move: Understanding Relocation's Impact on Your EFM	12/1/25	12:00 рм еѕт	<b>9:00</b> am pst
Unlock New Opportunities: Learn Cultural Adaptation	12/8/25	12:00 PM EST	9:00 am pst
Smooth Move	12/16/25	12:00 рм еѕт	9:00 AM PST

#### RESILIENCE

December for your convenience!

Mind Body Mental Fitness (MBMF)			
Module 5: Problem Solving	12/2/25	1:00 PM EST	10:00 AM PST
Module 6: Connection	12/9/25	1:00 PM EST	10:00 AM PST
Holiday Blues	12/18/25	5:00 PM EST	2:00 PM PST
Stoicism Principles and	12/19/25	9:00 AM EST	6:00 AM PST
Stress Management			

Want to learn more about resilience? Join us for Bounce Back Better, Mission Ready, Mentally Strong or Run for Resilience. See the LMS for times in your time zone.





# FINANCIAL = MISSION READINESS

Navy policy requires one Command Financial Specialist (CFS) per 75 Sailors. Is your command compliant?

The CFS plays an integral role in promoting financial readiness.

This training provides CFS candidates with the knowledge to manage their command's Personal Financial Management Program.

The new roadmap to becoming a CFS is now separated into two parts.

#### Part One — Complete Million Dollar Sailor



WHEN: December 1-2, 2025 0800-1600

This two-day course provides the foundational knowledge in personal financial concepts.

The course is open to active duty service members as well as anyone in the community interested in boosting their financial knowledge.

#### Part Two — Complete Command Financial Specialist



WHEN: December 3-5, 2025 0800-1600

Complete the Command Financial Specialist training. These three days continue the candidate on the road to becoming a CFS by providing counseling techniques, information and referral options and presentation strategies.

This course is only open to active duty service members. Candidates must be E-5 and above, have one year remaining at command, and be highly motivated and financially stable (must meet the financial overseas screening; completed by the command prior to registration)

For additional information or to register, please email Fleet and Family Support Center (FFSC) at NSANaplesFFSC@us.navy.mil.





# SEND YOUR WISH LIST TO SANTA!



Write your letter





Address it to:





Drop it into any US or APO mailbox\*



\*Postmark by Dec. 15, 2025 and Santa may have time to send a note in return!

For more information, visit europe.stripes.com/letters-to-santa





An Elf is taking an Italian holiday on Support Site!

# Help Santa find his friend!

Begins Monday, Dec. 1

Clues will be provided on MWR Facebook until the elf is found. Bonus clues will be on MWR Instagram.

















A prize will be awarded to the person who brings the elf to the Community Recreation Director.

For more information, call 081-811-4459 / DSN 629-4459 or email NaplesMWR\_SpecialEvents@us.navy.mil.





# Photography Workshop: Capture Gaeta's Holiday Beauty

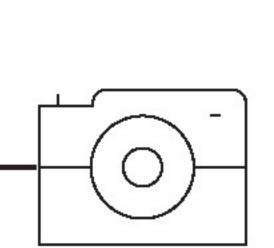
Wednesday, Dec. 3 4 p.m.

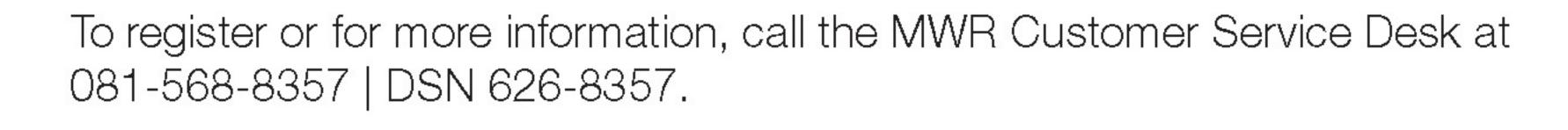
Meet at Gaeta Fleet Landing (flag post)

Join us for an afternoon photography walk through the streets of Gaeta. Stroll through the town capturing the magic of the holiday lights! Photography tips will be shared by a photography professional/instructor to help you develop an eye for capturing unforgettable moments!

Bring your professional camera or smartphone - everyone is welcome!

The workshop is for adults and teens. Children are invited. Register by Dec. 1.









A new Family Fitness Room is available for you to work out.

# FITNESS ROOM

Monday-Friday, excluding U.S. holidays Child Development Center, Support Site

6 a.m.-5:30 p.m.

A small playpen area provides a safe area for your kids to play while you work out.

Workout equipment includes: Arc Trainer™ Stationary bike Rowing machine Free weights Yoga mats

The room is available only for parents who do not have childcare on a first-come, first-served basis.

Your child(ren) must be with you while you use the room.

The adjacent exterior playground is off limits because it is unsupervised.







THURSDAY, DEC. 4

3-9 P.M.

VILLAGE FORUM COURTYARD
SUPPORT SITE

3-9 p.m.

Holiday Market and Food Vendors (euro or dollar)

3-5:30 p.m. and 7-8:30 p.m.

Winter Village with Santa and Mrs. Claus (for a fee)

3-6 p.m.

Train rides for kids (no charge)

6:30 p.m.

Tree Lighting ceremony







3:30 p.m.	Naples Elementary School
4:05 p.m.	Naples Middle High School
4:40 p.m.	Child and Youth Programs
5 p.m.	Navy Band
7 p.m.	Dueling Pianos (provided by Armed Forces Entertainment)

Sponsored by



For more information, email

NaplesMWR\_SpecialEvents@us.navy.mil.

Navy Exchange







Supported by

#### **USO YOUTH PROGRAMS**

## AFTER SCHOOL CRAFT ATTACK

EVERY WEDNESDAY FROM 1345 TO 1445 AT THE USO SUPPORT SITE VILLAGE FORUM.



Stop by the USO after school for a snack and craft! No need to stay and craft — just dash in and grab your weekly take-home kit with a fun snack included!

Each week brings a new themed project — from seasonal decorations to friendship bracelets — designed for families to enjoy together at home and strengthen bonds through creativity.

#### Important to Know:

- While supplies last.
- Children must be accompanied by a parent, adult, or legal guardian to receive a kit and snack.
- For safety reasons (choking hazards, allergies, and parental choice), we cannot provide kits or snacks to unaccompanied children.



**USO.org/YouthPrograms** 

















SCIENCE - TECHNOLOGY - ENGINEERING - ART - MATH

# Join us to jump-start early literacy skills for toddlers and preschoolers!

Parents and children will learn together while we sing, read, play, and grow. This program is best suited for pre-readers (ages 1-5) and their parents.

Thursday, Dec. 4 and 11 10:30 a.m.
Support Site Library

Scan here for weekly themes:



For more information, call **081-811-4362** | **DSN 629-4361**.











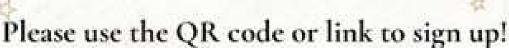








# Holiday GiftsCollection



\*Please see the link for all instructions and contact information!

This year's collection will support children in group homes coordinated by Dona con Amore, a local shelter, an orphanage, and a local Parish

Deadline for all donations is December 7th





https://www.signupgenius.com/go/20 F0F49AFA72FA02-60253572christmas

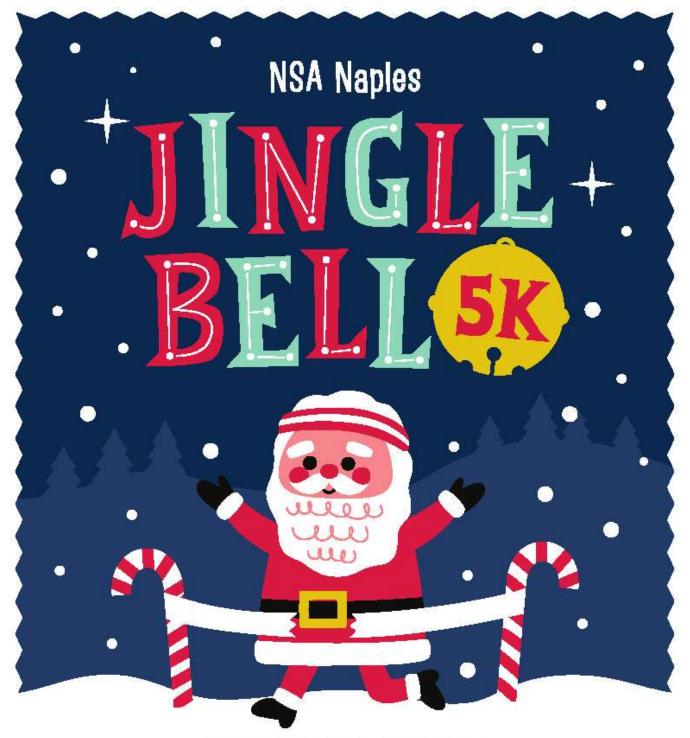












THURSDAY, DEC 11 • 4 P.M.
CENTRAL PARK PAVILIONS, SUPPORT SITE

#### LET'S HOLLY JOLLY HUSTLE!

It's time to get festive with a 5k run/walk around the base!

Participants get a T-shirt and finisher's medal.\*

Strollers and pets are permitted.

Scan here to register >>



\*While supplies last, sizes not guaranteed.

In partnership with









# JINGLE AND MINGLE THURSDAY 11 DEC- CAPO SPINE FROM 11-13PM

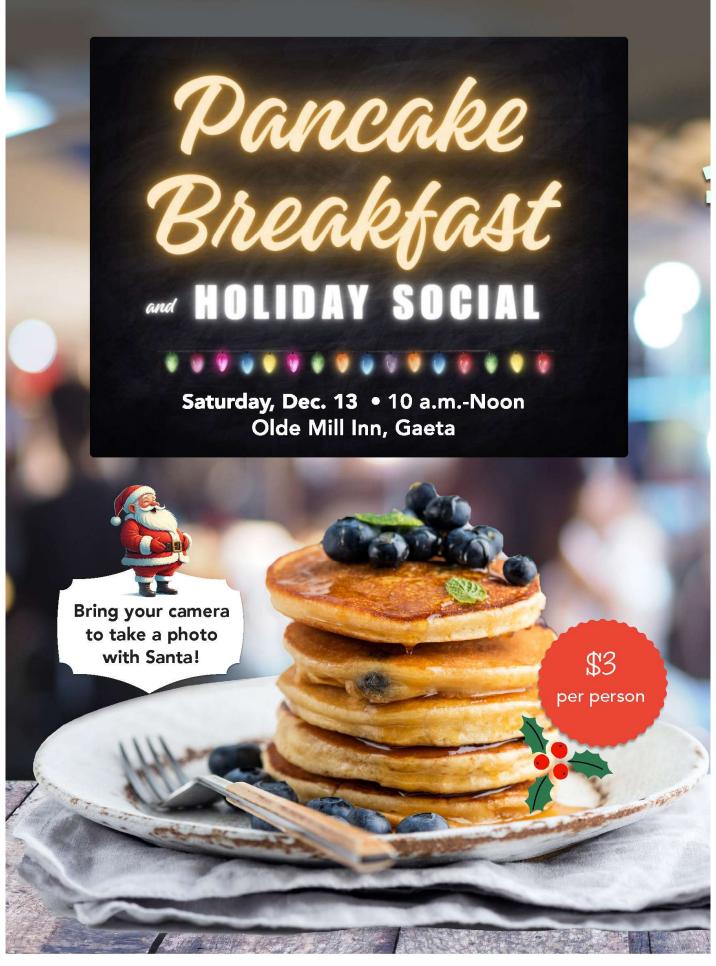


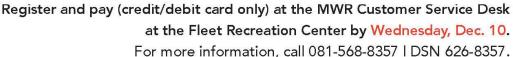
#### 'Tis the season to be jolly!

Enjoy hot cocoa, delicious cookies, holiday cards, and great company while the Navy Band fills the air with cheerful holiday music to kick off the most wonderful time of the year!

Santa and his elves will be stopping by for selfies and to spread some holiday sparkle! Come take a break from your busy work day for some holiday fun!











# HOLIDAY BRUNCH

TUESDAY- 16 DECEMBER - FROM 11 AM TO 12 PM-USO CAPO LOUNGE



You're all invited to join us for a special lunch with a festive twist!

Come on over to the USO for our signature holiday-inspired meal, fun seasonal games, and cheerful music — the perfect midday break to celebrate the season!

We look forward to seeing you!





- Oil changes
- Fluid checks
- Wiper replacement
- Battery charging
- Rotors turned
- Tire mounting and balancing



Auto Skills Center hours of operation

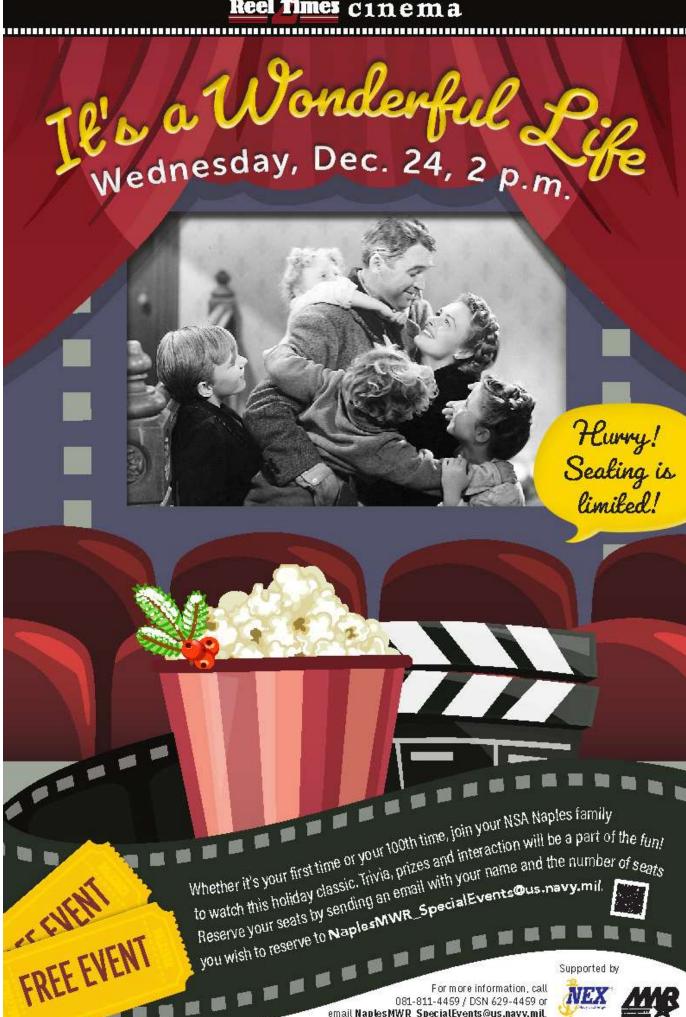
Tuesday-Saturday, 9 a.m.-5 p.m. Sunday-Monday, Closed

For more information or to reserve a bay, call 081-811-4971 / DSN 629-4971. Connect with MWR 24/7 at navymwrnaples.com.

¶ www.facebook.com/mwrnaples @ instagram.com/nsanaplesmwr







email NaplesMWR SpecialEvents@us.navy.mil.



## HOLIDAY CRAFTERNOON

FRIDAY 26 DECEMBER COMMUNITY CENTER, S.SITE FROM 2 TO 3 PM



Join us for an afternoon of festive crafts designed for children ages 3 and up!

Enjoy holiday music, warm cocoa, and time together as a community during this cozy post-holiday gathering.

NO REGISTRATION NEEDED





## BREAKFAST WITH SANTA

SUNDAY, 14 DEC - HS CAFETERIA 0900-1100AM



Join us for a festive holiday morning!

Enjoy light breakfast refreshments, seasonal treats, dance demonstrations, candy canes, and a special visit from Santa — including story time and a photo opportunity. We look forward to celebrating the holiday season with you and creating a warm, memorable experience for our community.

NO REGISTRATION RECESSARY- WE LOOK FORWARD TO CELEBRATING WITH YOU!





# Naples NMCRS Budget for Baby Workshop Registration

Workshop held every 3rd Tuesday of the Month 9am-12pm @ S. Site Chapel Classroom #2 Includes \$50 Gift Card and Handmade Blanket





# MORNING MEETUP: WINTER EDITION



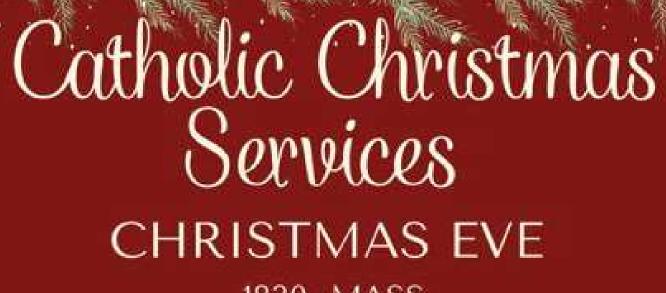
Looking for a cozy way to spend a winter morning?

Join us at the Support Site Community Center from 1000–1100 on **Monday,**22 & 29 December for a warm hour of snacks, activities, and relaxation.

Whether you're hoping to unwind, connect, or simply escape the winter chill, we've got the perfect spot for some family fun!

NO REGISTRATION NEEDED - JUST STOP BY AND JOIN THE FUN!



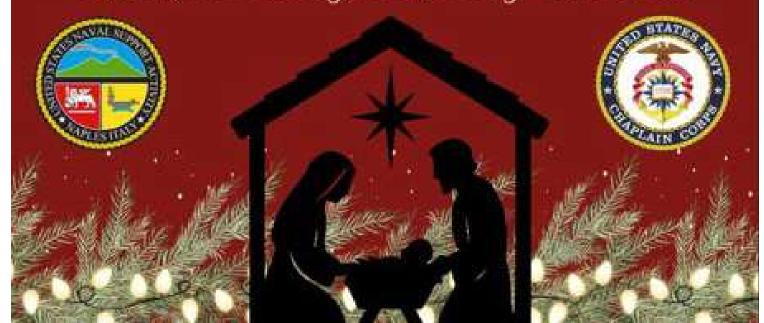


1830- MASS 0000- MIDNIGHT MASS

#### CHRISTMAS DAY

1130- MASS

On behalf of the Good Samaritan Catholic Church, we wish you a Merry Christmas!





# WINTER FAMILY GAME NIGHT

EAT TF RESTAURANT TUESDAY, 30 DECEMBER FROM 6:00PM TO 7:30PM



Love trivia? Join us at EAT TF for a great evening!

- Participate in 3 rounds of Winter Themed Trivia!
- Prizes for the winning team
- Food and drinks available for purchase from the restaurant

Come for the food, stay for the fun!



## Captain's Cup

## 2026



#### Starts Tuesday, Jan. 13

Represent your command and compete to win the coveted 2026 Captain's Cup trophy!

Coaches meeting: Tuesday, Jan. 6, 3 p.m. Support Site Fitness Center, second floor

Review of bylaws, rules and regulations. Coaches are strongly encouraged to attend. Must be 17 years or older and out of high school to participate.

Roster due no later than Jan. 8.

No additions to rosters will be allowed.



# NSA Naples December 2025 Sexual Assault Prevention and Response Calendar of Events

<b>01-05</b>	SAPR Victim Advocate Initial Training (IVAT)*
DEC <b>09</b>	NGIS Conference Room, Capo, 0800-1700  SAPR Serves Troop Lunch w/USO  Capo Air Terminal 1100-1200* (*or until food runs out   SAPR UVAs eat for free!)
	SAPR All-Hands Team Building Capo Air Terminal 1200-1400 (immediately following SAPR Serves Troop Lunch)
DEC <b>11</b>	Admin UVA Training Fleet and Family Support Center, Capo (Building 450), 1300-1500
DEC 16	VA Refresher Training (CEU) Fleet and Family Support Center, Capo (Building 450), 1200-1400

VA Refresher: For SAPR VAs renewing their certification. This class may count toward your required 8 hours of face-to-face Continuing Education Units (CEU), out of the total 32 required training hours within two years of credentialing.

For more CEU info: <a href="https://www.trynova.org/credentialing/d-saacp-dod/">https://www.trynova.org/credentialing/d-saacp-dod/</a>

\*Advanced registration is required for SAPR IVAT: nsanaplesffscsapr@us.navy.mil

\*All classes are subject to change\*

Local SAPR 24/7 Helpline: +39 335-640-6621







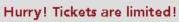


#### Wednesday, Dec. 3 | Strikers Entertainment Center

Doors open at 6 p.m. for dinner, show begins at 7 p.m.

\$15 dinner ticket I Adults only I Must be 18 years or older

Dinner ticket includes meat or vegetable lasagna, salad, bruschetta, tiramisu and one non-alcoholic beverage (alcoholic beverages may be purchased).



Register and pay for up to four people at Support SiteTickets and Travel: In person or by phone weekdays, 9 a.m.-5 p.m. Call 081-811-7906 | DSN 629-7906 | 7907 | 7909 Registration begins Thursday, Nov. 20.











Learn more at ArmedForcesEntertainment.com

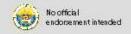












**NSA NAPLES DIGITAL** 

**JOB RESOURCES** 

Family Employment Readiness Program (FERP)

Looking for a job? Changing careers? We can help you along your career path.

The Fleet and Family Support Center recognizes your immense value and skill as a military spouse and is committed to help you pursue the career of your dream.

We offer FREE assistance in the following areas:

- Career and Employment Resource Navigation
- Federal and Nonfederal Jobs Search
- Resume-Building Guidance
- Interview Techniques

- Employment-Themed Workshops
- Job Fairs and Self-Presentation Skills
- Solution-Focused Coaching
- Cheerleading

Fleet and Family Support Center Services are open to all Active Duty, Spouses, Family Members, Retirees, and DoD civilians.



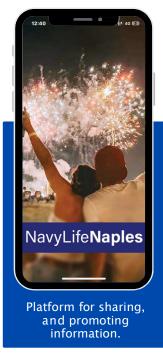




NSANaplesFFSC@us.navy.mil

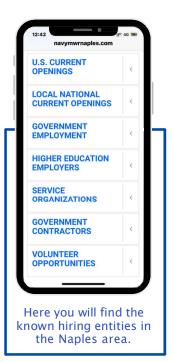


### ON NAVY LIFE NAPLES MOBILE APP







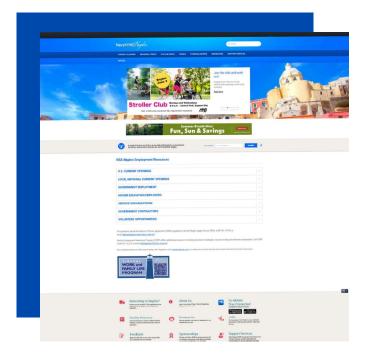


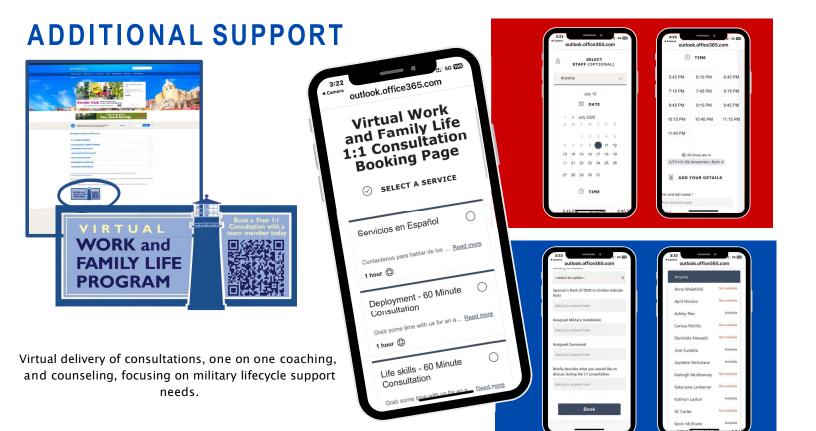
\*Appearance of a company on the Employment Resources board does not reflect open positions, you will need to follow the links to the companies postings to search for opportunities, and hiring processes

## FROM THE WEBPAGE











- For questions about the Status of Forces Agreement (SOFA) regulations call the Region Legal Service Office at 081-811-4576 or email Napleslegalassistance@us.navy.mil
- Family Employment Readiness Program (FERP) offers additional resources including job search strategies, resume writing and interview preparation. Call FERP at 081-811.6372 or email NSANaplesFFSC@us.navy.mil.
- For a virtual version of Work and Family Life Programs, visit <a href="mynavyfamily.com">mynavyfamily.com</a> to create an account and access virtual classes and online resources.







Your hometown newspaper »

# STARS STRIPES.

Volume 1 Edition 1

(C) SS 2025 Friday, August 1, 2025

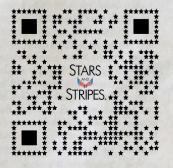
Free in Italy



News, Travel and Leisure for **US** Military in Italy

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## WANT TO BE A WRITER?



Share your voice and earn volunteer hours as a Stars and Stripes

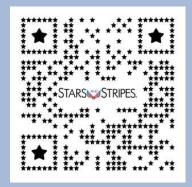
Contributing Writer!

# Ne're looking for:

- Local **community** stories
- Military life experiences
- Stories about daily life in Europe focusing on local culture, food and drink, recipes, crafts and projects, gardening, home life, healthy living, parenting, pop culture, performances, holidays and pets.
- Travel, especially unique destinations
- Stories from children for our Youth
   Writer program

# Guidelines

- Stories accepted on a volunteer basis
- One submission per week
- No Al usage permitted
- Signed Contributing Writer Agreement
- Can submit accompanying photos, but not required







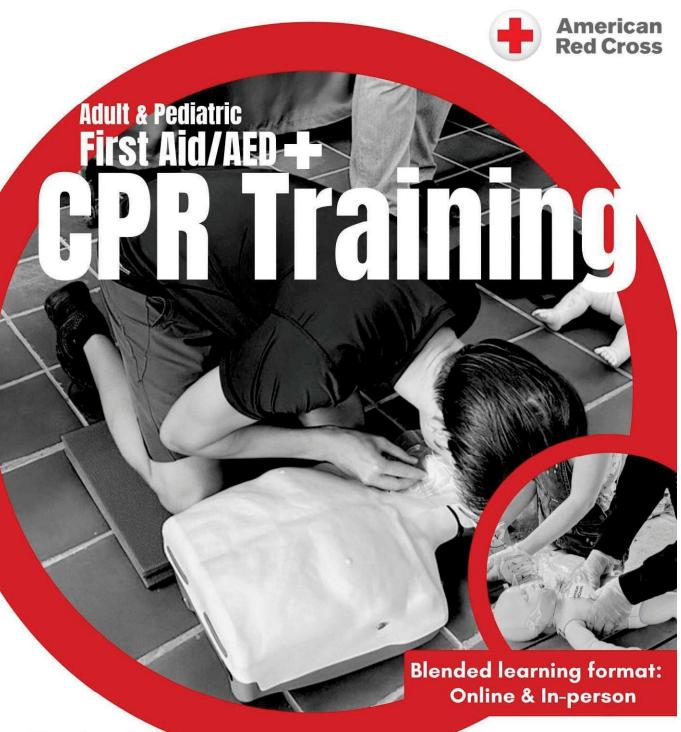
# Join our valued team at Fleet and Family Readiness!

Our group includes individuals entry level to senior management who provide quality-of-life services to military, DoD civilians and their families at NSA Naples.

Scan here for current NAF and GS job openings!







We also offer:

Babysitter certification with CPR/AED/First Aid



081-568-4788



naples@redcross.org

Upcoming classes and registration





# Interested in joining us?

Call us at 081-568-4788 or send us an email at naples@redcross.org for questions. We are looking forward to hear from you!



# Is Life Feeling Heavy?

moring again... i Uuugh! overwheimed!

It doesn't have to.









#### **Fleet and Family Support Center**

Services are available to U.S. military, civilian and contractor family members. Counseling for individuals (children and adolescents) and their families.

- Office: 081-811-6372 / DSN 314-629-6372
- After hours: 331-691-8268
- Virtual Clinical Counseling (via TEAMS) +1 855-205-6749

#### **Military OneSource**

Counseling services are available to U.S. military family members 13 years and older.

- Worldwide toll-free: 00-800-342-9647
- Worldwide collect: 001-703-253-7599
- Telecom Italia: 800-172-405
- https://livechat.militaryonesourceconnect.org/chat

#### **Military Family Life Counselors**

Military Family Life Counselors provide confidential non-medical counseling, consultation and outreach services to eligible children, youth, parents, faculty and staff both on and off military installations.

Scan for phone numbers



#### **Employee Assistance Program**

Links employees' family members to qualified local services and provides licensed confidential support to help with difficult issues.

- DONCEAP: 001-888-320-2917 or 001-888-262-7878
- NAF EAP: 001-800-932-0034
- · https://magellanhealth.com/global

#### Chaplain

Offers 100 percent confidential counseling with no reporting requirements for a wide variety of religious and non-religious issues. Chaplain services are available to military, civilian and contractor family members.

Capodichino 081-568-3535 / DSN 314-626-3539 Support Site 081-811-4600 / DSN 314-629-4600 After hours: 366-680-5972

#### **U.S. Naval Hospital**

**Pediatrics and Family Medicine** To schedule an appointment with your primary care provider, call 081-811-6000 / DSN 314-629-6000 or visit

www.TRICAREonline.com.

#### **Local Resources**

Reach Aut: Provides clinical individual and family support to any age group from childhood through adulthood. 342-800-6115 or www.carelikehome.org.



Scan for Mental Health Resources.









Scan here for a weekly schedule

Reel Times cinema





# **NSA Naples Crisis Support**

Do you know who to call in a crisis?

**911 Emergency Dispatch**+39 081-568-4911

NSA Command

Duty Officer

+39 335-825-7986 (WhatsApp) NSA Duty Chaplain

+39 366-680-5972 (WhatsApp) SAPR DoD Safe Helpline

+1877-995-5247

988

SUICIDE & CRISIS LIFELINE

In the European Union 00 1 (844) 702-5495

NSA Naples has a dedicated network of mental health providers to support you:











Naples BH Road Map

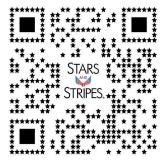
FFSC Virtual Clinical Counseling CONNECT to GET CARE



Magellan

# Get your Italy Update from STARS

Scan to Subscribe



## Stay Informed at NSA Naples!



Scan QR Code, Click Logo or Hyperlink for access



**@NSANaples** 

## **NSA** Naples

#### **ATHOC**

The ATHOC system is used for community notification of emergent events, disasters, and causes for caution. Anyone in the Naples area (sponsors & dependents) can register for ATHOC to receive these updates.



Sign up - ATHOC

#### **Naples Navigator**

The Naples Navigator is a monthly digital newspaper containing important base wide information and news. For direct email subscription, send an email to





Naples Navigator

#### Navy Life Naples App

The NSA Naples app is your one stop shop for essential information and your companion to navigate the Naples area. The app is available for download on Google Play (Android) and IOS (Apple)





#### **NSA PAO Notes**

Non-emergency information sent by the Public Affairs Officer (PAO) directly to your emails via your triad/leaders. If you do not receive NSA PAO Notes, inform your leadership to contact the NSA Naples PAO: nsanaplespao@us.navy.mil

#### Monthly Basewide Events Newsletter

Your one-stop-shop for all events happening at the installation. This includes events from MWR, Fleet and Family Center, Red Cross, and more. Access at the top of the latest edition of the Naples Navigator. Monthly Events Newsletter



#### **NSA Naples Website**

Installation website where you can find information about NSA Naples by department, read about our mission and leadership, and find all types of resources including legal, instruction, environmental, veterinary, and more.



**NSA Naples Website** 

#### **AFN: Armed Forces Network**

Naples 97.3 FM The Eagle provides local, live radio programming. AFN GO is also available via the AFN GO mobile app.



AFN Naples 97.3

#### Coffee with the Skipper

Geared toward spouses, Coffee with the Skipper offers a unique opportunity to connect with NSA Naples leadership, share insights, and discuss community matters - all over a fresh cup of coffee in good company. See next event date in latest edition of Naples Navigator

#### AO/ INDOC: Area Orientation

Mandatory orientation for all personnel PCSing to Naples where critical information about Naples, the NSA Naples installation, and more are shared. Get the basics about navigating life in Naples! See the date for next event in latest edition of the Naples Navigator

#### **Town Hall**

Taking place at Support Site, Town Halls are facilitated once a quarter to address community questions and concerns. The event is always livestreamed on the NSA Naples Facebook Page. See the date for next event in latest edition of the Naples

#### **CMC Junior Service Member Engagements**

This is an opportunity for E1-E6 single servicemembers to share thoughts, ask questions and get feedback from leadership usually with a complementary lunch. Monitor NSA Naples info channels listed announcement of these events.

#### ICE: Interactive Customer Evaluation

The Interactive Customer Evaluation (ICE) system is a web-based tool that collects feedback on services provided. This is how we get feedback from YOU to make improvements.



Submit an ICE



## Stay Connected to

## **NSA Naples Quality of Life Programs**

W EB

This is your one stop for all information about Quality of Life Programs.

View upcoming events, hours of operation and learn more about programs and services that help our military community members thrive in the NSA Naples area. The Website includes information for NSA Naples and NSAND Gaeta MWP, Child and Youth Programs, Fleet and Family Support Center and Housing.





www.navymwrnaples.com

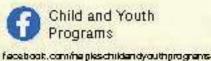
SOCIAL MEDIA

Stay connected 24/7 to NSA Naples Quality of Life programs! Learn about the programs, services and events at NSA Naples to take care of our military community members. We want to help you make the most of your time while stationed in Naples.













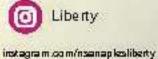






Child and Youth
Programs
inskagram.com/napkes\_cyp

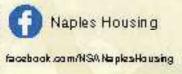




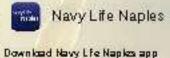












GAETA

The Facebook page includes MWR, Child and Youth Programs, Fleet and Family Support Center, Housing and Liberty information for the NSAND Gaeta community.



facebook.com/mwrgaeta





#### JOIN US AT THE



NSA NAPLES SUPPORT SITE & CAPODICHINO

#### CATHOLIC WORSHIP

#### Saturday

16:00 | Confession & Addression

17:00 | Mass | Support filte

#### Sunday

10:45 F Confessions

17:38 | Mass | Support Site

#### Weekday Masses

(Except for Federal Holidays folling on M-F)

Tuesdays & Thursdays | 12:00 | Capo

Wednesdays and Fridays [0830 | Support Site

Confessions 30 mins prior to Mass

#### PROTESTANT SUNDAY SERVICE

Support 109:30 Service | Support 5th

Points of contact for local jewish and Latter Day Saints are available. Please Contact the Chaplain's Office for more information, see mio below.

#### T WOMEN'S GROUPS

#### Catholic Women of the Chapel

Tuesdays | 16:30 | Support Site

Wednesdays | 09:30 | Support Site

Facebook: CWDC - Naples, Italy

#### Protestant Women of the Chapel

Tuesdays | 09:00 | Support Sh

Focubook: PWOC Naples, Italy Group

#### T RELIGIOUS EDUCATION

#### Catholic CCD

Sundays | 10:00-11:00 | Support Site

#### Catholic Youth Group

Weekly gatherings on Sundays after

Moss and as announced | Support Site

#### Catholic OCIA

Tuesdays | 18:00 | Support Site

#### † MEN'S GROUPS

#### Catholic Men's Bible Study

Soturdays | 08:00 | Support 58s

#### **Knights of Columbus**

Monthly meetings | Facebook: Knights of

Columbus, San Gennoro Council 14851.

Procestant Men's Bible Study

Wednesdays | 18:00 | Support Site

#### Protestant Awana Club

Summers 1 Support Site

Protestant Youth Group

Wirdnesdays | 17:00 | Support Site

Family Life Group

First & Third Wednesdays | 17:00-19:001

CHIMPOUT SILE

#### **CONTACT INFO**

Focebook @NSA Noples Chapel Duty Chaplain | •39 366-680-5972 Chaplain's Office Support Site

DSN: 629-4608 [Com: 081-811-4608]

Chaplain's Office Cappodichino

DSN: 626-6817 (Com: 081-568-6817

# Sponsorship Training

Expecting new arrivals? Learn the roles, responsibilities, and best practices of becoming a sponsor. You will receive the tips, tools, and resources needed to execute your duties and provide an informative and welcoming experience for your command's newcomers. Open to Active Duty, DoD Civilians, Contractors, and family members.

## 2026

15 Jan 2026	0900-1200 Capodichino
12 Mar 2026	<b>0900-1200</b> Support Site
7 May 2026	0900-1200 Capodichino
16 Jul 2026	<b>0900-1200 Support Site</b>
24 Sep 2026	0900-1200 Capodichino
12 Nov 2026	0900-1200 Support Site



COMMAND SPONSOR AND INDOCTRINATION PROGRAM OPNAVINST 1740.3E

"Ensure sponsors have completed sponsor training prior to being assigned as a sponsor."

https://millifelearning.militaryonesource.mil/course/esat101

Registration required.

Email: nsanaplesffsc@us.navy.mil



DSN: 629-6372 COMM: 081-811-6372





REGISTER FOR AO:
SEND AN EMAIL WITH
Participant's Rate/Rank First/Last Name:
Participant's Personal Email:
Participant's Command:
Participant's Date of Arrival:
Sponsors Email:

TO: NSANAPLESAO@US.NAVY.MIL

COMM: 081-811-6945/629-6945 DUTY CELL: +39-335-848-4641

## AREA ORIENTATION DATES 2026



							_							
			JANUARY	′				FEBRUARY						
Мо	Tu	We	Th	Fr	Sa	Su		Mo	Tu	We	Th	Fr	Sa	Su
29	30	31	1	2	3	4		26	27	28	29	30	31	1
5	6	7	8	9	10	11		2	3	4	5	6	7	8
12	13	14	15	16	17	18		9	10	11	12	13	14	15
19	20	21	22	23	24	25		16	17	18	19	20	21	22
26	27	28	29	30	31	1		23	24	25	26	27	28	1
2	3	4	5	6	7	8	_	2	3	4	5	6	7	8
			MARCH								APRIL			
Mo	Tu	We	Th	Fr	Sa	Su		Mo	Tu	We	Th	Fr	Sa	Su
23	24	25	26	27	28	1		30	31	1	2	3	4	5
2	3	4	5	6	7	8		6	7	8	9	10	11	12
9	10	11	12	13	14	15		13	14	15	16	17	18	19
16	17	18	19	20	21	22		20	21	22	23	24	25	26
23	24	25	26	27	28	29		27	28	29	30	1	2	3
30	31	1	2	3	4	5		4	5	6	7	8	9	10
	MAY								JUNE					
Mo	Tu	We	Th	Fr	Sa	Su		Mo	Tu	We	Th	Fr	Sa	Su
27	28	29	30	1	2	3		1	2	3	4	5	6	7
4	5	6	7	8	9	10		8	9	10	11	12	13	14
11	12	13	14	15	16	17		15	16	17	18	19	20	21
18	19	20	21	22	23	24		22	23	24	25	26	27	28
25	26	27	28	29	30	31		29	30	1	2	3	4	5
1	2	3	4	5	6	7		6	7	8	9	10	11	12
			JULY							Д	AUGUST			
Мо	Tu	We	Th	Fr	Sa	Su		Мо	Tu	We	Th	Fr	Sa	Su
29	30	1	2	3	4	5		27	28	29	30	31	1	2
6	7	8	9	10	11	12		3	4	5	6	7	8	9
13	14	15	16	17	18	19		10	11	12	13	14	15	16
20	21	22	23	24	25	26		17	18	19	20	21	22	23
27	28	29	30	31	1	2		24	25	26	27	28	29	30
3	4	5	6	7	8	9		31	1	2	3	4	5	6
		S	EPTEMBE	ER				OCTOBER						
Mo	Tu	We	Th	Fr	Sa	Su		Мо	Tu	We	Th	Fr	Sa	Su
31	1	2	3	4	5	6		28	29	30	1	2	3	4
7	8	9	10	11	12	13		5	6	7	8	9	10	11
14	15	16	17	18	19	20		12	13	14	15	16	17	18
21	22	23	24	25	26	27		19	20	21	22	23	24	25
28	29	30	1		3	4		26	27	28	29	30	31	1
5	6	7	8	9	10	11		2	3	4	5	6	7	8
	NOVEMBER				DECEMBER									
Мо	Tu	We	Th	Fr	Sa	Su		Мо	Tu	We	Th	Fr	Sa	Su
26	27	28	29	30	31	1		30	1	2	3	4	5	6
2	3	4	5	6	7	8		7	8	9	10	11	12	13
9	10	11	12	13	14	15		14	15	16	17	18	19	20
16	17	18	19	20	21	22		21	22	23	24	25	26	27
23	24	25	26	27	28	29		28	29	30	31	1	2	3
30	1	2	3	4	5	6		4	5	6	7	8	9	10

# FREE Hero Care mobile app

With the Hero Care mobile app, we are making it easy for service members, veterans and their families to connect with the American Red Cross from anywhere around the world, exactly when they need us most.



#### Our new Hero Care mobile app enables users to:

- Request critical Red Cross services, including requests for emergency travel and financial assistance, along with emergency messages to loved ones.
- Access non-emergency services, such as mental health support for military spouses and children.
- Access resources and information provided by trusted community partners and government agencies.
- Use the app in English or Spanish and contact our call center, which has multi-lingual staff 24/7.
- Store and access service member's information in case of an emergency.



**Text GETHEROCARE to 90999** to receive a link to download the app. Scan the QR Code to the right, or visit **redcross.org/mobileapps** to download the app through the Apple App Store or Google Play Store.







For other Red Cross tools and preparedness information, visit **redcross.org/mobileapps** to download additional FREE mobile apps today.



TRANSITION ASSISTANCE PROGRAM

# TRANSITION ASSISTANCE PROGRAM (TAP) 2026 WORKSHOPS

FLEET AND FAMILY SUPPORT CENTER
U.S. NAVAL SUPPORT ACTIVITY NAPLES, ITALY

#### **CORE WORKSHOPS**

#### Pre-Retirement

#### 26 -28 JAN 27- 29 APR 13- 15 JUL 16 - 18 NOV

#### **Pre-Separation**

12-14 JAN	3-5 AUG
9-11 FEB	24-26 AUG
16-18 MAR	26-28 OC
13-15 APR	7-9 DEC
11-13 MAY	11-13 JAN
8-10 JUN	2027

#### **Executive TAP**

2-4 MAR\*
14 - 16 SEP\*
\*MUST BE AN
E9,W4,OR O5 & ABOVE
NO EXCEPTIONS\*

#### **Transition Tracks**

EMPLOYMENT	ENTREPRENEURSHIP	VOCATIONAL	EDUCATIONAL
DEPARTMENT OF LABOR (DOL) EMPLOYMENT WORKSHOP EVERY THURSDAY AND FRIDAY FOLLOWING A CORE TAP WORKSHOP	BOOTS TO BUSINESS Schedule subject to change per availability of SBA instructors 23-24 FEB 22-23 JUN 19-20 OCT	CAREER AND CREDENTIAL EXPLORATION (C2E) 9-10 MAR 4-5 MAY 10-11 AUG 2-3 NOV	MANAGING YOUR (MY) EDUCATION 8-9 JAN 9-10 APR 9-10 JUL 15-16 OCT

TAP is a DoD-wide program; therefore, all TAP workshops follow the same curriculum across all branches and ranks to include Pre-Retirement, Pre-Separation, and Executive TAP.

Participants MUST register for workshops through their Command Career Counselor. Workshops are from 0800-1600.



081-811-6372 629-6372



NSA Naples

FLEET & FAMILY

SUPPORT CENTER

# TRANSITION ASSISTANCE PROGRAM (TAP) 2026 CAPSTONE EVENT CALENDAR

## What is the Capstone Event?

Service members participate in a Capstone Event to validate and verify that they are prepared to be successful following military service by producing documentation that they meet all their Career Readiness Standards (CRS).

All service members are required to attend a Capstone Event a minimum of 90 days prior to their separation/retirement date.

#### 2026 Dates

22 JAN: 0900-1200

19 FEB: 1300-1600

11 MAR: 0900-1200

23 APR: 1300-1600

28 MAY: 0900-1200

25 JUN: 1300-1600

28 JUL: 0900-1200

12 AUG: 1300-1600

29 SEP: 0900-1200

5 NOV: 1300-1600

17 DEC: 0900-1200

## Required Documentation

At CAPSTONE, please provide the following documents and/or complete the following activities to show Career Readiness Standards (CRS):

- 1. Individual Transition Plan (ITP)
- 2. Proof of Registration on eBenefits (using your DS/ MyAuth Logon).
- 3. Career Documentation: Submit ONE of the following:
  - Resume
  - Proof of Employment Offer
  - College Acceptance Letter or Enrollment Verification
- **4. Transition Track Completion:** Completion of a Transition Track. **REQUIRED for Tier 3; cannot be waived.** Optional for Tier 1 & 2.
- 5. Tier-Specific Requirements (Tier 2 & 3):
  - Gap Analysis
  - Post-Separation Financial Plan

Failure to bring all required documents for CRS completed in full will result in having to reschedule your Capstone. If assistance with these documents is needed, please contact your Command Career Counselor or TAP Manager at FFSC.

For any questions or to learn more, email FFSC at NSANaplesFFSC@us.navy.mil



Participants MUST register for Workshops and Capstone Events through their Command Career Counselor.



**Contact Us** 



081-811-6372 629-6372

